



In case of Injury, refer to the Preferred Providers listed below



In case of injury, send employee to the physician or clinic listed below for prompt, efficient and high quality medical care.

Immediately inform employee of possible entitlements to workers compensation benefits, using an Employee Notice -- either the English or Spanish version.

For emergency assistance, call your nearest police or fire department or 911.

J Clyde Urgent Care

Urgent Care Clinic
747 J Clyde Morris Blvd
Newport News, VA 23601
757-599-6117

MD Express

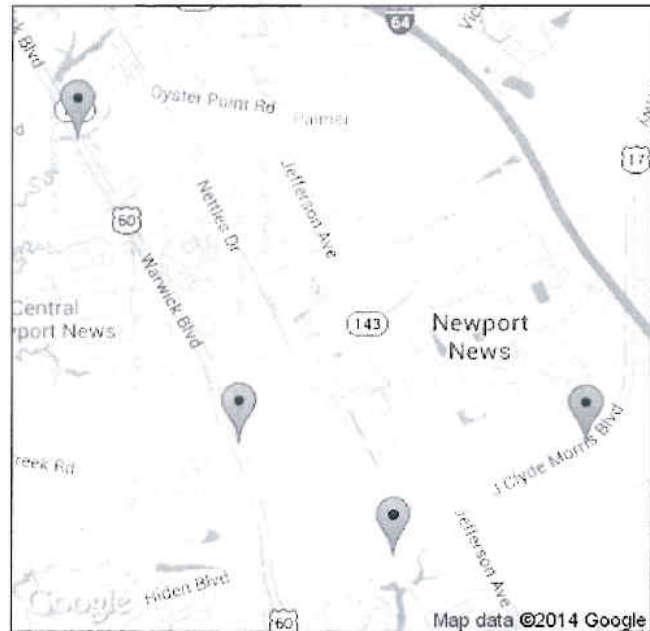
Urgent Care Clinic
12997 Warwick Blvd
Newport News, VA 23602
757-369-9446

Riverside Reg Medical Center

Hospital: General Acute Care
500 J Clyde Morris Blvd
Newport News, VA 23601
757-594-2000, 757-594-2656, 757-594-2745, 757-594-4010

Riverside Medical Care Center Mercury West

Surgery: Orthopedic
109 Philip Roth St
Newport News, VA 23606
757-873-6434



Kforce Inc.

Newport News, VA 23606
03/06/2014

PLEASE POST

This listing includes information on participating providers. While Travelers makes every effort to keep this on-line directory accurate and up-to-date changes may occur after posting. Please be sure to confirm the current participation of any provider. State rules and regulations and the facts of a claim may impact an insurance company's obligation to pay for medical treatment if an injured worker changes doctors after treatment has begun. Injured workers are advised to check with their claim handler, nurse case manager or legal representative before making an appointment with a new doctor to determine whether changing doctors will affect their claim.



In case of Injury, refer to the Preferred Providers listed below



In case of injury, send employee to the physician or clinic listed below for prompt, efficient and high quality medical care.

Immediately inform employee of possible entitlements to workers compensation benefits, using an Employee Notice -- either the English or Spanish version.

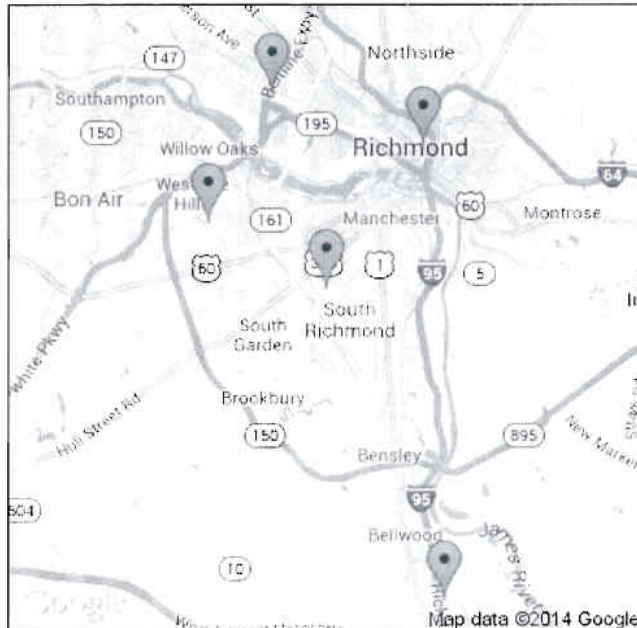
For emergency assistance, call your nearest police or fire department or 911.

Concentra Medical Center
Occupational Medicine Clinic
Urgent Care Clinic
9211 Burge Ave
Richmond, VA 23237
804-275-7200

Patient First Urgent Care Carytown
Urgent Care Clinic
12 N Thompson St
Richmond, VA 23221
804-359-1337, 804-518-2597

Retreat Doctors Hospital
Hospital: General Acute Care
7300 Beaufont Springs Dr Ste 105
Richmond, VA 23225
804-267-5768

Foster, William, M D
William Foster M.D.
Surgery: Orthopedic
417 N 11th St
Richmond, VA 23298
804-628-0350



Kforce Inc.
Richmond, VA 23249
03/06/2014

PLEASE POST

This listing includes information on participating providers. While Travelers makes every effort to keep this on-line directory accurate and up-to-date changes may occur after posting. Please be sure to confirm the current participation of any provider. State rules and regulations and the facts of a claim may impact an insurance company's obligation to pay for medical treatment if an injured worker changes doctors after treatment has begun. Injured workers are advised to check with their claim handler, nurse case manager or legal representative before making an appointment with a new doctor to determine whether changing doctors will affect their claim.



In case of Injury, refer to the Preferred Providers listed below



In case of injury, send employee to the physician or clinic listed below for prompt, efficient and high quality medical care.

Immediately inform employee of possible entitlements to workers compensation benefits, using an Employee Notice -- either the English or Spanish version.

For emergency assistance, call your nearest police or fire department or 911.

Valley Occupational Medicine

Occupational Medicine Clinic
512-B McDowell Ave NE
Roanoke, VA 24016
540-362-9820

Lewis Gale Physicians, LLC

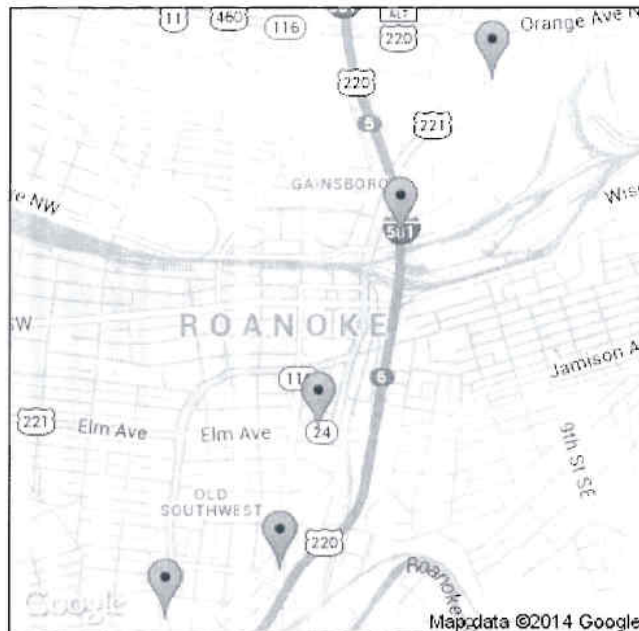
Urgent Care Clinic
1231 S Jefferson St
Roanoke, VA 24016
540-982-2957

Carilion Clinic

Hospital: General Acute Care
1615 Franklin Rd SW
Roanoke, VA 24016
540-982-8204

Mierisch, Cay Michael Michael, MD

Carilion Services Inc
Surgery: Orthopedic
101 Elm Ave SE Carilion Clinic Bone & Joint
Roanoke, VA 24013
540-224-6950



Kforce Inc.

Roanoke, VA 24023
03/06/2014

PLEASE POST

This listing includes information on participating providers. While Travelers makes every effort to keep this on-line directory accurate and up-to-date changes may occur after posting. Please be sure to confirm the current participation of any provider. State rules and regulations and the facts of a claim may impact an insurance company's obligation to pay for medical treatment if an injured worker changes doctors after treatment has begun. Injured workers are advised to check with their claim handler, nurse case manager or legal representative before making an appointment with a new doctor to determine whether changing doctors will affect their claim.



In case of Injury, refer to the Preferred Providers listed below



In case of injury, send employee to the physician or clinic listed below for prompt, efficient and high quality medical care.

Immediately inform employee of possible entitlements to workers compensation benefits, using an Employee Notice -- either the English or Spanish version.

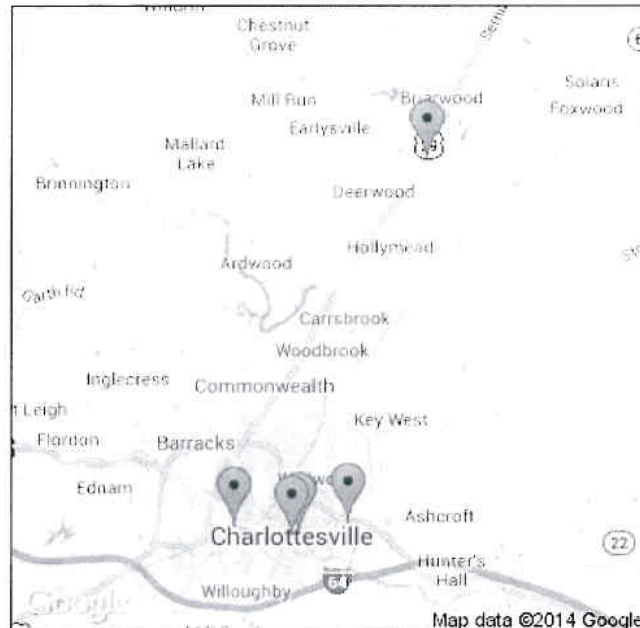
For emergency assistance, call your nearest police or fire department or 911.

First MED, Inc.
Occupational Medicine Clinic
Urgent Care Clinic
125 Riverbend Dr Ste 3
Charlottesville, VA 22911
434-984-4200

UVA Health Sciences Center
Occupational Medicine Clinic
1215 Lee St
Charlottesville, VA 22908
434-924-0211

Martha Jefferson Hospital
Hospital: General Acute Care
500 Martha Jefferson Dr
Charlottesville, VA 22911
434-654-7000

Schildwachter, Thomas L., MD
Thomas L Schildwachter, MD
Surgery: Orthopedic
914 E Jefferson St Ste 102
Charlottesville, VA 22902
434-971-8004



Kforce Inc.
Charlottesville, VA 22906
03/06/2014

PLEASE POST

This listing includes information on participating providers. While Travelers makes every effort to keep this on-line directory accurate and up-to-date changes may occur after posting. Please be sure to confirm the current participation of any provider. State rules and regulations and the facts of a claim may impact an insurance company's obligation to pay for medical treatment if an injured worker changes doctors after treatment has begun. Injured workers are advised to check with their claim handler, nurse case manager or legal representative before making an appointment with a new doctor to determine whether changing doctors will affect their claim.



In case of Injury, refer to the Preferred Providers listed below



In case of injury, send employee to the physician or clinic listed below for prompt, efficient and high quality medical care.

Immediately inform employee of possible entitlements to workers compensation benefits, using an Employee Notice -- either the English or Spanish version.

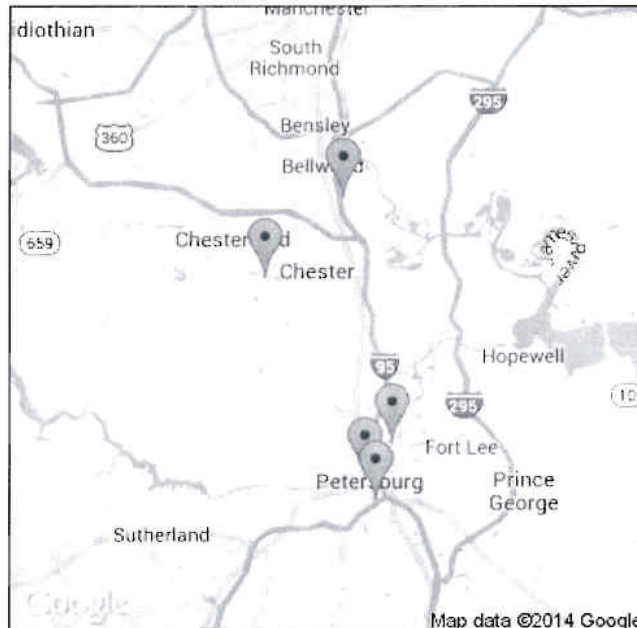
For emergency assistance, call your nearest police or fire department or 911.

Concentra Medical Center
Occupational Medicine Clinic
Urgent Care Clinic
9211 Burge Ave
Richmond, VA 23237
804-275-7200

Patient First Urgent Care Chester
Urgent Care Clinic
12101 S Chalkley Rd
Chester, VA 23831
804-796-3636

Southside Regional Medical Center
Hospital: General Acute Care
801 S Adams St
Petersburg, VA 23803
804-862-5000

Srivastava, Praveer, MD
Praveer Srivastava M.D.
Surgery: Orthopedic
131 Jennick Dr
Colonial Heights, VA 23834
804-526-5888



Kforce Inc.
Petersburg, VA 23804
03/06/2014

PLEASE POST

This listing includes information on participating providers. While Travelers makes every effort to keep this on-line directory accurate and up-to-date changes may occur after posting. Please be sure to confirm the current participation of any provider. State rules and regulations and the facts of a claim may impact an insurance company's obligation to pay for medical treatment if an injured worker changes doctors after treatment has begun. Injured workers are advised to check with their claim handler, nurse case manager or legal representative before making an appointment with a new doctor to determine whether changing doctors will affect their claim.